

Denturism

DENTUROLOGIE CANADA

DENTURE HYGIENE



FEATURES:

A Look Behind the Scenes:
Visiting VITA's Robot Production

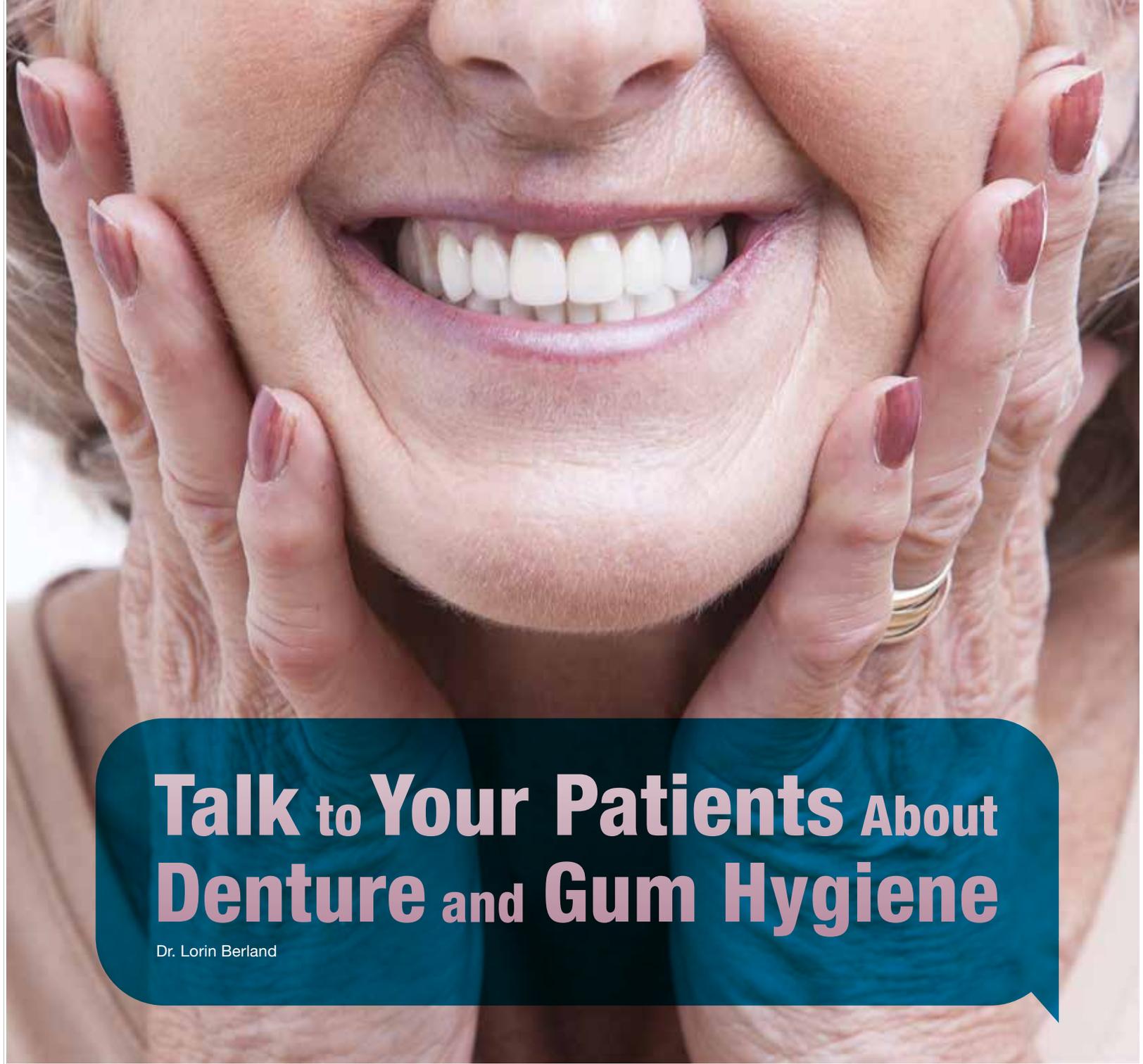
A New Solution
for Better Hygiene

Talk to Your Patients About
Denture and Gum Hygiene

Invest in Retrofitting
Operatory(s) into a
Hygiene Clinic

ALSO:

- 2020 *Denturism Canada*:
Author of the Year Award
Recipient Markus Fischer, DD



Talk to Your Patients About Denture and Gum Hygiene

Dr. Lorin Berland

Clinical research proves that denture-wearers are at significant risk of developing oral infections and that most will become infected over time. *Candida Albicans*, *Streptococcus*, *Staphylococcus*, *E.coli*, and *Actinomyces* frequently colonize dentures and are the leading causes of Pneumonia, Thrush, Stomatitis, as well as digestive problems. Most of these people have been suffering from chronic low-grade infections for so long that they don't even know they are sick

until they become acute. The symptoms – redness, discomfort, white tongue, and loss of taste – become the new normal.

Advancing age, medication, diet, illness, and habits all increase susceptibility to oral infections. Many people continue to use their dentures well beyond the recommended replacement time and do not know how to clean them properly. Medications can exacerbate the issue by disrupting the normal oral flora and causing dry mouth.

Unfortunately, these infections are often left untreated because when denture-wearers have a problem, they go to a drugstore, not a dental professional. That's why denturists need to educate patients about the hygiene risks associated with oral appliances. Even though the number of denture-wearers keeps growing, there is still not much accessible information about proper denture and gum hygiene.

One of the most common problems is that many patients don't know that

Talk to Your Patients About Denture and Gum Hygiene

toothpaste is too abrasive for removable oral appliances. Dentures, partials dentures, implant-retained dentures, mouth guards, snoring devices, and retainers are softer than teeth. Regular toothpaste and the old-fashioned stiff denture-brush can damage dental appliances. Though the scratches are microscopic, there will be a visible difference in shine, finish, and colour. Like a biological sponge, the denture will become the perfect breeding ground for dangerous pathogens to thrive.

Proper cleaning of the denture and the gums is essential for oral health. The ADA recently dedicated a special section of its newsletter to recommend that “the mouth cavity, tongue, and the jaws should be well cleaned to remove all plaques before putting on the clean denture.” It is essential to educate your patients at the start. Always recommend an extra soft toothbrush used with a low-abrasive denture and gum paste, especially to remove adhesive from the denture and mouth. Cleanadent Paste has the added benefits of aloe vera, coconut oil, tea tree oil, and vitamins A, D, and E to reduce dry mouth and irritation. The Denture & Mouth Toothbrush has an ergonomic handle, a unique extra soft bristle design, and can be used both in the mouth and denture.

Denture-wearers almost universally experience dry mouth. Dry mouth results in chronic infection and less retention. While dental professionals are aware of the prevalence of oral diseases, this often went undiscussed because there wasn't an easy way to prevent infections at home daily. Major brand denture cleansers can only

claim to kill ‘odour-causing bacteria’ and do nothing to stop recurring diseases from infected dentures. After years of treating denture-wearers suffering from these issues, I developed the Liquid Crystal Cleanser. This soak cleanser kills Candida, Strep, Staph, and Actinomyces in minutes without harmful chemicals like bleach or chlorine.

After years of treating and listening to patients with the same age-old problems, I started seeing many fewer cases of Oral Thrush and Stomatitis. Other practitioners who began using this protocol also saw fewer infections over time. Patients reported having a better experience with their clean dentures and feeling better in general.

With removable prosthodontics continually growing, we must do all we can to educate our patients about maintaining their dentures and mouths daily. Everything that helps the patients feel better helps the dentist be even more successful!



1 Oral candidiasis: An overview. J Oral Maxillofac Pathol. 2014; 18(Suppl 1):S81-5 (ISSN: 0973-029X) Singh A; Verma R; Murari A; Agrawal A.



Lorin Berland, DDS, is one of the most published authors on clinical dentistry and dental education with over 100 articles, best-selling books, and instructional videos including the Lorin Library Smile Guide. Dr. Berland was recognized by the AACD for “Outstanding Contributions to the Arts & Science of Cosmetic Dentistry”, and has been featured in major national print and TV publications for his work. Dr. B began his career as a denture technician, and after more than 35 years of listening to patients and running a multi-specialty practice, he has started Dr. B Dental Solutions with a line of products specially designed to treat the real issues affecting people with oral appliances, like oral infections and dry mouth, which can be found at www.drbdentalsolutions.com. For more information, contact Dr. Berland at info@drbdentalsolutions.com or 1-844-372-3368. 🍷